







保障工友健康

HEALTH PROTECTION for WORKERS



20.11.2025 (星期四 Thursday) 日期 Date

10:00 - 11:00 時間 Time

形式 Format 網上研討會 Webinar

閉幕辭 Closing Remarks



何安誠教授工程師 Ir Prof. Thomas HO 建造業議會主席 香港工程科學院院士 Chairman **Construction Industry Council** Fellow of the Hong Kong Academy of Engineering Sciences

講者 Speaker ____



勞工處職業健康護士 **Occupational Health Nurse Labour Department**



劉賜添先生 Mr. LAU Chee-tim 房屋署安全大使 Safety Ambassador **Housing Department**



黃嘉俊先生 Mr. Tiger WONG 金門建築有限公司部門安全經理 Divisional Safety Manager **Gammon Construction Limited**







簡介 About

為提升建造業界的健康意識,確保工友在工地能安全及健康地工作,是次「生命第一行出安全」網上研討會邀請了勞工處、房屋署及金門建築有限公司分享健康飲食及保障工友健康的相關措施。

To enhance the health awareness within the construction industry and ensure workers can work safely and healthily on construction site, this upcoming "Life First - Walk the Talk" invited Labour Department, Housing Department and Gammon Construction Limited to share healthy eating and practical measures for safeguarding workers' health.

程序表 Rundown

時間 Time	活動 Event	講者 Speaker
10:00 - 10:20 am	上班一族有「營」秘笈 Easy Tips for Healthy Eating at Work	勞工處職業健康護士 Occupational Health Nurse Labour Department
10:20 - 10:35 am	提升工地安全健康管理及關注措施 Enhancing Construction Site Safety and Health Management and Measures	劉賜添先生 房屋署安全大使 Mr. LAU Chee-tim Safety Ambassador Housing Department
10:35 - 10:50 am	金門預防肺塵埃沉著病及保障工人 健康經驗分享 Gammon-Experience Sharing on Preventing Pneumoconiosis and Safeguarding Workers' Health	黃嘉俊先生 金門建築有限公司部門安全經理 Mr. Tiger WONG Divisional Safety Manager Gammon Construction Limited
10:50 - 11:00 am	閉幕辭 Closing Remarks	何安誠教授工程師 建造業議會主席 香港工程科學院院士 Ir Prof. Thomas HO Chairman, Construction Industry Council Fellow of the Hong Kong Academy of Engineering Sciences
11:00 am	研討會結束 End of Webinar	